



Emily Frank

Myers-Briggs & career effectiveness coach helping teams increase productivity, teamwork, & innovation

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Fun and interesting workshop! I learned so much about myself and my team.

-Center for Policing Equity



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Speaking Topics

From Frustrated to Engaged

Reduce missed work & high turnover!
Interactive workshop to help you redirect teams working at cross-purposes, silo-ing, road-blocking, missed deadlines, and high tempers. Hands-on use of MBTI tools to engage meaningful insights & facilitate healthy discussion.

Onboarding your new employees so they get productive quickly

Help! My new hire is creating more work for everyone: Using the Myers-Briggs to overcome the 3 main obstacles that keep new employees from doing their best from day one.

Keep your best people from quitting

Most people don't leave teams; they leave managers, and even good managers can't help people they don't understand. Advance your team through hands-on Myers-Briggs exercises to help you retain and engage your top talent.

Bio

Emily is a career therapist helping people find more joy in the work they have.

M.A., Counseling, Regis University
B.A., East Asian Studies, Smith College
Myers-Briggs Master Practitioner
Strong Interest Inventory certified

Organizations served:



Offerings and rates

1-hour workshop

Myers-Briggs basics for teambuilding and understanding

\$ 1000- \$ 2000

Half-day seminar

Interactive Myers-Briggs workshop with hands-on activities and real-world applications

\$ 4000- \$ 5000

Full-day seminar

Myers-Briggs deep dive with practical activities and customized team exercises

\$ 6000 - \$ 8000